

Baden-Powell Council, BSA
Camp Tuscarora High Adventure “Trailmaster” Program 2012
Sample Itinerary (based on survey completed by troop/crew members)

- Sunday 1-3PM Check in at parking lot; meet trek leadership, talk with Staff, escort to gear storage area. Grab medicals, bathing suits, towels, footwear, etc. for trip to health check-in/screening with any medications, swim tests, payment of any fee’s, etc. Once completed, new crew is escorted to sleeping quarters with gear. Assign bunks, unpack, and review check list of necessary items for week with Troop/Trek leadership. Distribute daily schedule to all members, ice breakers, photo’s, etc. Flag, dinner, evening session of pre-trip planning, preparation, orientation, rules and procedures, itinerary planning. All attend evening campfire, cracker-barrel. Dress is class “A” upon arrival; flag lowering, evening campfire.
- Monday Training (LNT, Trek Safely, SSD, SA); Mountain Bike fitting, orientation, safety, pack up and load vehicles for trip with lunches, bathing suits, etc. Upon return, clean/check over/turn in equipment, review and debrief activity for day. Recreational time. Dress is class “B” for day; class “A” for flag, dinner. After dinner, review Tues. plans (climbing); finalize Canoe/Kayaking and Backpacking trip. Gather personal and crew gear, make arrangements for transportation, food, etc.
- Tuesday Climbing orientation; climb on safely program; proceed with climbing and Rappelling. Return equipment, check out. Lunch. Recreational swim, fishing, trading post, etc. Final preparation for extended 2-3 day trips. (Canoeing, rafting, tubing, backpacking, etc.). Canoe & BSA Kayaking orientation, matching partners, pack up boats and group gear.
- Wednesday Immediately after breakfast, pre-trip check, load camp and personal vehicles, check out of health lodge, security, etc. Depart for beginning of trip - Day one on the river. Overnight at campground or primitive site.
- Thursday Day two of trip: Continue on river trip; afternoon tubing, rafting, fishing. Travel to next destination/departure point/stopover. Debrief, check on physical condition of participants, etc. Check in with camp upon completion of day two trip. Include educational visits, other recreation opportunities if time permits. Overnight at campground or primitive site.
- Friday Day three of trip: continue on last day of river trip or drive to hiking or backpacking overnight. Group may also go Mtn. biking at Chenango Valley State Park which is about ½ hr. away (great park!) or ride in Camp (we have 1,000+ acres of trails and roads). Attend Fri. night Chicken barbecue, the head for final campfire area along the lake.
- Saturday You may finish up your trip if working on the BSA “50 Miler” award, and return to camp late morning. We will clean up and store all equipment, debrief trip week; fill out evaluations, issue completion certificates, patches, and do final checkout. Unit Leadership/Parents pick up noon – 3pm. Check out of site, fill out close out reports, pick up medicals, health log, return medications, etc.